

Join Us for Gymnastics!

KINDERGYM PRESCHOOL GYMNASTICS CAMP

This specialty camp is designed specifically for preschoolers. The camp will introduce gymnastics skills on vault, bars, balance beam, and floor through activities and games for learning and fun. By keeping the children active, the boys and girls will be exposed to a variety of movement challenges and skills designed specifically for their age group. All children participating in this camp are required to be potty trained. Campers should dress in tight fitting clothes with no zippers, buttons or belts.

What to Bring: Snack and drink for morning break, water bottle

Ages: 4 - 6 years

Date: July 12, July 14, July 16 (16746)

August 9, August 11, August 13 (16747)

Time: Mon/Wed/Fri 9:30 – 11:30 am
(extended hours are not available)

Location: UBYMCA, 401 Fairview Avenue, Quakertown

Fee: Full/Summer Youth Member \$50

Program/Penn Res Member \$65

Non/Penn Basic Member \$85

GYMNASTICS TEAM CAMP

Whether you are a current Upper Bucks YMCA team member or a participant from a visiting team, you will enjoy this camp especially designed for more advanced level gymnasts. Participants should be a currently active Level 4 or above competitive gymnast. Focus will be on perfecting the current level skills as well as preparing skills for the next level. Be sure to specify full day or half day option when registering.

What to Bring: All campers: snack and drink for morning break, water bottle

Full Day Camp: Lunch, swimsuit, and towel, in addition to above items

Ages: Completion of Kindergarten through Grade 8

Week	Date	Full Day Code	Half Day Code
3	July 5 – 9	16740	16743
6	July 26 – 30	16741	16744
9	August 16-20	16742	16745

Time: Full Day 9:00 am – 4:30 pm

Half Day 9:00 am – 12:00 pm

Location: UBYMCA, 401 Fairview Avenue, Quakertown

Fee:	Full day	Half day
Full/Summer Youth Member	\$140/week	\$95/week
Program/Penn Res Member	\$160/week	\$120/week
Non/Penn Basic Member	\$180/week	\$140/week

YMCA Camp Fun Fact!

In 1885 Sumner Dudley established the first residential summer camp for boys, Orange Lake, near Newburgh, New York.



GYMNASTICS CAMP

Join us for a great summer in our climate controlled gymnastics center. Gymnastics camp is a positive way to focus your child's energy in a creative, fun and structured environment. At YMCA gymnastics camp, our instructors stress safety and proper skill technique to participants of all levels. Campers are grouped into squads according to their ability and experience and skills are taught in progression on all apparatuses. Campers should dress in tight fitting clothes with no zippers, buttons or belts. Full day campers will enjoy daily swimming in our new indoor pool. Be sure to specify full day or half day option when registering.

What to Bring: All campers: snack and drink for morning break, water bottle

Full day Camp: Lunch, swimsuit, and towel, in addition to above items

Ages: Completion of Kindergarten through Grade 6

Week	Date	Full Day Code	Half Day Code
1	June 21- 25	16723	16732
2	June 28-July 1	16724	16733
3	July 5- 9	16725	16734
4	July 12- 16	16726	16735
5	July 19 - 23	16728	16736
6	July 26 – 30	16729	16737
7	August 2 - 6	16730	16738
8	August 9 - 13	16731	16739

Time: Full Day 9:00 am – 4:30 pm

Half Day 9:00 am – 12:00 pm

Location: Upper Bucks YMCA Gymnastics Center,

401 Fairview Avenue, Quakertown

Fee:	Full day	Half day
Full/Summer Youth Member	\$140/week	\$95/week
Program/Penn Res Member	\$160/week	\$120/week
Non/Penn Basic Member	\$180/week	\$140/week