



Dear Parents,

All of the SACC staff would like to welcome both you and your child to our program. Before and after school centers are important and beneficial to both working parents and their families. Children that are in these programs are off the streets and involved in activities that will help develop their bodies and mold their personalities.

Our morning program is from 6:15am until about 8:45am. We start serving a breakfast snack around 7:30am that varies from cereal to waffles and English muffins. The children have many games and other activities to play with. A couple days a week we are able to take the children to racquetball courts to play games.

During the afternoon the children start arriving around 4:00pm. At this time we start playing quiet games at the tables until all of the children arrive around 4:30pm. This is a time where we get all of the children together to see how their days went, give any announcements, and get ready for snack. We serve a family style snack which allows the children to choose their own amount. Our afternoon snack consists of anything from peanut butter crackers to fruit. After snack we start small group activities such as; racquetball, Dance Dance Revolution, and group games. We also offer arts and crafts, along with active games up until pickup time at 6:00pm.

Thank you so much for all of your support. If you need anything the staff is always there to help. Parents and teachers who work together have successful child care programs.

Thank you,

SACC Staff



DAILY SCHEDULE

Morning Program

- 6:15-7:30 Free play and quiet time
7:30-7:45 Clean up and snack time
7:45-8:45 Free play in our classroom or racquetball courts and get kids off to school

Afternoon Program

- 4:00-4:30 Homework time and free play
4:30-4:45 Circle time-During this time we get together and talk about the children's day, and give announcements
4:10-4:30 Hygiene and snack time
4:45-6:00 Program time-During this time we play active games, crafts, science activities, literacy activities, and free play

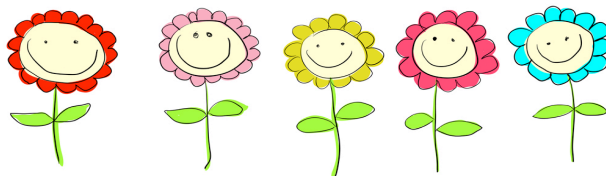
Our centers include:

- *Manipulative shelf (building toys)
- *Dramatic play (dress up costumes and puppets)
- *Homework center
- *Creative writing center
- *Reading center
- *Quiet center where the children can relax on cushions
- *Science and math center
- *Quiet area (books, puzzles, board games)

School's Out Days

~Activities for the day will vary depending on the theme and if there is a field trip

- 6:15-8:00 Free Play and quiet time
8:00-8:30 Clean up and snack time
8:30-11:30 Various crafts and educational activities, along with playing games in the racquetball courts
11:30-12:30 Lunch and free time
12:30-3:00 Other themed activities
3:00-4:00 Swimming (if possible field trip to other building)
4:00-4:15 Snack time
4:15-6:00 Free play and quiet time



ACTIVITIES FOR A WELL BALANCED PROGRAM

Social Skills:

- *Making and expressing choices
- *Taking care of one's needs
- *Being sensitive to feelings, interests, and needs of others
- *Expressing feelings in words
- *Dealing with social conflict

Math Skills:

- *Arranging and counting objects
- *Measuring and comparing
- *Addition, subtraction, multiplication, and division skills

Language and Literacy:

- *Having fun with language by listening to stories, poems, and rhymes
- *Talking and listening
- *Writing in various ways: drawing and copying letters and words
- *Making stories with puppets and other toys
- *Reading various books

Creative Expression:

- *Pretending and role playing
- *Moving to music and singing
- *Playing simple musical instruments
- *Making models out of clay, blocks, and other materials
- *Drawing and painting

Physical Development:

- *Moving in different ways: running, jumping, hopping, skipping, marching, climbing, and balancing
- *Playing games: basketball, soccer, kickball



IMPORTANT REMINDERS

Outside Play

Outside play is a daily occurrence when the weather permits; please dress your children accordingly. **For safety reasons, active play requires sturdy shoes or sneakers. Please DO NOT send your child sandals or flip flops.**

Homework

Please let us know if you want your child doing their homework right after school. We will help anyone who needs it, but we do not force children to do their homework.

School's Out Days

All children need to bring a lunch. Please do not bring a heatable lunch; we do not always have access to a microwave.

Mail & Parent News

There is a file box on the sign in table with a folder for each child that will contain any important information about our program. Please check this box daily. Take time to read the dry erase board. We will post the daily activities along with our snack. If you need to speak to someone you may call the YMCA at anytime, or speak to any of the teachers in our program. Parents are always welcome to come and visit our classroom to be storytellers, chaperones, or share your knowledge of family traditions or special skills.





Parents are always welcome to come and play and visit our classroom. We invite parents to help as afternoon story readers, or share in a family event in our classroom. The center will also host some family events through out the year. This is a great chance to meet your child's friends and other families, as well as socialize with our staff.

Thank you for selecting the YMCA Child Care Program. We are a participant in the Keystone STARS quality initiative with a four star rating as well as NAEYC accreditation. Professional development is key. Each year our staff works to enhance their professional skills and competencies in support of children's learning and development.

We are happy to have you and your child with us. We will try to make your child's days active and happy ones!

Welcome to the School Age Classroom!

The School Age Staff