



UPPER BUCKS YMCA AGE POLICY

Updated September, 2018

There are activities for all ages at the Y. Our goal is to provide a safe, respectful environment for the benefit of all our members. The information below outlines the age requirements for supervision and facility access. Please check posted schedules, if applicable, and posted policies for each area. Policies, if not adhered to, may result in immediate dismissal from the premises. The Y reserves the right to limit usage of these areas due to special events or programs. Please contact the Welcome Center if you have any questions.

0 to 8 years olds

Must be under direct parental/guardian supervision whenever they are on the premises, unless they are enrolled in a YMCA program or in Kids Korner. "Direct supervision" is defined as a parent/guardian (18 years of older) must be in the same facility area with the child (i.e. in the swimming pool, in the recreation center). The youth in this age group are not permitted in the Wellness Center, Sauna and Adult Recreational Sports or in Group Exercise Classes (except Family Wellness classes which youth 5 years of age and older are permitted when they are participating in the class with an adult).

9 to 11 years olds

Must have a parent/guardian (18 years of older) in the facility when they are on the premises, unless they are enrolled in a YMCA program. This group is also permitted in Kids Korner. The youth in this age group are not permitted in the Sauna, Adult Recreational Sports or in Group Exercise Classes (except Family Wellness classes which youth 5 years of age and older are permitted when they are participating in the class with an adult). 9 year olds are not permitted in the Wellness Center. 10 – 11 year olds are permitted in the Wellness Center on the 2nd Floor only after completing a cardio equipment orientation and receiving a wristband. Parents/guardians of the 10 – 11 year olds must be in the Wellness Center along with the youth.

12 to 17 year olds

Are permitted on the premises without a parent/guardian. The youth in this age group are not permitted in the Sauna or in Adult Recreational Sports. They are permitted in Group Exercise Classes as well as the Wellness Center, however it is strongly recommended that they participate in an orientation.

Note: Locker rooms are available for men and women. For the comfort of our members, family locker rooms, with private changing areas, are to be used with children. No children, of the opposite sex, except infants, are to accompany parents into the men's or women's locker rooms.