

FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY



# LAP POOL SCHEDULE

Upper Bucks YMCA Effective from 1/2/19 - 1/6/19				
Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pool Opens @ 5:00 AM</b>			<b>Pool Opens @ 6:00 AM</b>	
Lap Swim & Fitness (5) 5:00 - 8:55			Lap Swim & Fitness (5) 6:00 - 8:00	Lap Swim & Fitness (5) 6:00 - 11:55
Water Fitness (3) 9:00 - 10:30	Water Fitness (3) 9:00 - 10:30	Water Fitness (3) 9:00 - 10:30	Swim Team(3) 8:00 - 9:00	
Lap Swim & Fitness (3) 10:35 - 11:15	Lap Swim & Fitness 10:35 - 11:30	Lap Swim and Fitness (3) 10:35 - 11:15	Lap Swim & Fitness (3) 9:00 - 1:00	Swim Lessons (4) 12:00 - 1:30
Lap Swim & Fitness (4) 11:15-3:30	SilverSplash (2) 11:30 - 12:30	Lap Swim & Fitness (5) 11:15-12:00		
	Lap Swim (4) 12:30 - 1:00	Water Fitness Class (3) 12:00-1:00 ^	Special Populations (4) 1:00 - 2:00	
	Lap Swim & Fitness (3) 1:00 - 2:30	Lap Swim & Fitness (4) 1:00-3:30	Open Family Swim (3) 2:00 - 5:30	
Lap Swim & Fitness (4) 2:30-3:30	Special Olympics 1:30-3:30 (2)			
QCHS Swim team 3:30-5:30 (1)	QCHS Swim team 3:30-5:30 (1)	QCHS Swim team 3:30-5:30 (1)	<b>Pool Closes @ 5:30 PM</b>	Open Family Swim (3) 3:30 - 5:30
Swim Team (2) 5:30-8:30	Swim Team (2) 5:30-8:30	Swim Team (2) 5:30-8:00		
Lap Swim & Fitness (5) 8:30 - 9:30	Lap Swim & Fitness (5) 8:30 - 9:30	<b>Closes @ 8:00 PM</b>	(#) - Denotes the number of lap lanes available for continuous 25 yd. lap swimming at that time. If you should have any questions please contact the Aquatics Office at (215) 536-9622 ext 126 or email us at <a href="mailto:Becky.Musselman@ubymca.org">Becky.Musselman@ubymca.org</a>  * Schedule may change for instances out of our control such as, lightning, water contamination, ect.	
<b>Pool Closes @ 9:30 PM</b>				