



# HEALTHY COMPETITION

## **MASTERS SWIM TEAM** **Attention swimmers!**

Are you looking for a little extra motivation this winter, something to work towards? How about US Masters Swimming?

Get in shape on your own or regular practices at YMCA's of Bucks County, Quakertown Branch on Monday, Thursday mornings and Wednesday evenings, or at the Doylestown Branch on Monday and Thursday evenings. Sign up for USMS and travel with your new swimming buddies to test yourself against fellow swimmers from around the Delaware Valley. There are up to six meets in the winter season, culminating in a team competition at Upper Dublin High School in March with both individual and relay events.

### **For more information contact**

Becky Musselman, Aquatics Director at Quakertown Branch,  
[becky.musselman@ubymca.org](mailto:becky.musselman@ubymca.org) or 215-536-YMCA (9622) x126.

**YMCA of Bucks County | Quakertown**  
401 Fairview Ave, Quakertown, PA 18951  
215.536.YMCA (9622) | [ubymca.org](http://ubymca.org)